

## August 2019 K-8 LunchSmart Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Spotlight Fruit of the Week: Grapes	August 5 Bean & Cheese Chalupa* with Garnish Cup & Salsa Handmade Spanish Rice Green Beans Snickerdoodle Cookie* Peaches	August 6 BBQ Rib Sandwich on a Bun*^ Corn Mixed Fruit	August 7 Grilled Chicken Sandwich on a Pretzel Roll* with Lettuce & Tomato Kettle-Baked Beans Pineapple	August 8 Spaghetti with Turkey Meatballs & Marinara Broccoli Florets Applesauce	August 9 Bosco Stick* with Marinara Sauce Baby Carrots Pears
Spotlight Fruit of the Week: Bananas	August 12 Chicken Tenders* with BBQ Dipping Sauce & Breadstick* Sliced Carrots Peaches	August 13 Turkey Ham & Cheese Melt <sup>#</sup> Oven-Baked Spiral-Cut French Fries Mixed Fruit	August 14 Roasted BBQ Chicken Leg with Honey Wheat Dinner Roll* Kettle-Baked Beans Corn on the Cob Pineapple	August 15 Cheeseburger Beefloaf with a Twisted Garlic Breadstick* Ranch-Flavored Potato Wedges Applesauce	August 16 Turkey Pepperoni Personal Pan Pizza* Broccoli Florets Pears
Spotlight Fruit of the Week: Fresh Pears	August 19 Oven-"Fried" Chicken Drumstick* & Breadstick* Kettle-Baked Beans Corn Peaches	August 20 Meatball Sub* with Marinara & Mozzarella Green Beans Mixed Fruit	August 21 Turkey Ham, Egg & Cheese English Muffin Sandwich* Baby Carrots Pineapple	August 22 Popcorn Chicken Bowl with Mashed Potatoes & Corn* & Honey Wheat Dinner Roll* Applesauce	August 23 4-Meat Pizza*
Spotlight Fruit of the Week: Grapes	August 26 Rotini with Homemade Meat Sauce California Blend Veggies Peaches	August 27 All-Beef Hot Dog on a Bun* Oven-Baked Spiral-Cut French Fries M&M Cookie Mixed Fruit	August 28 Sedona Turkey Croissant Sandwich* Baby Carrots Strawberry/Mango Slushie Pineapple	August 29 Southwest Chicken Cheese EdiBowl* with Seasoned White Rice, Black Beans, Salsa & Sour Cream Applesauce	August 30 Bosco Stick* with Marinara Dipping Sauc Green Beans Pears

## Served Each Day:

Salad / Fresh Fruit / Sunbutter & Jelly Sandwich\* with Yogurt Cup / Milk (1% & Skim White Plus Fat-Free Chocolate)

## Additional Fresh Entrées Offered Daily:

Monday – All-American Cheeseburger on a Bun\* Tuesday – Chicken Nuggets\* with Twisted Breadstick\* & BBQ Dipping Sauce



Wednesday – Super Nachos\* with Salsa or Soft Taco\* with Garnish Cup & Salsa (on alternating weeks)

**Thursday –** Plain or Spicy Breaded Chicken Sandwich\* with Lettuce & Tomato

Friday - Pizza\* (pepperoni French bread, cheese personal pan, and Big Daddy's cheesy pizza rotate each week)

\*=Item contains whole grains / ^=Item contains pork / L=Locally sourced / Milk served with lunch contains no artificial growth hormones or antibiotics Menu is subject to change based on availability and quality of food items

## Welcome back to school! Join us for lunch each day.