




St. Ferdinand September 2020 K-8 LunchSmart

Monday	Tuesday	Wednesday	Thursday	Friday
September 14 All American Cheeseburger Potato Wedges Juice	September 15 Chicken Nuggets with a Twisted Bread Stick Capri Blend Veggies Cupped Fruit Milk	September 16 All-Beef Hot Dog on a Bun* Oven-Baked Spiral-Cut French Fries Fresh Fruit Milk	September 17 Breaded Chicken Sandwich Sliced Carrots Juice Milk	September 18 Cheese Pizza* Green Beans Cupped Fruit Milk
September 21 Boneless Chicken Wings with BBQ Dipping Sauce & Buffalo Ranch Dipping Cup California Blend Veggies Fresh Fruit Milk	September 22 Super Nachos with Salsa Baby Carrots Cupped Fruit Milk	September 23 Chicken Nuggets with a Twisted Bread Stick Potato Wedges Juice Milk	September 24 Handcrafted Mac & Cheese* & Apple Jammer Breadstick Green Peas Cupped Fruit Milk	September 25 4-Meat Pizza* Broccoli Florets Fresh Fruit Juice Milk
September 28 All American Cheeseburger Oven-Baked Spiral-Cut French Juice Milk	September 29 Breaded Chicken Sandwich Corn Cupped Fruit Milk	September 30 Toasted Cheese Sandwich California Blend Veggies Fresh Fruit Milk		

*=Item contains whole grains / ^=Item contains pork / L=Locally sourced / Milk served with lunch contains no artificial growth hormones or antibiotics
 Menu is subject to change based on availability and quality of food items
 This institution is an equal opportunity provider

