# St. Ferdinand School Office Reminders

## Sick Children

With the cold weather and the cold and flu season upon us, we are asking for your help in keeping our school a healthy environment. We have found that there are several instances of children coming to school sick and then having to be sent home.

If your child is exhibiting any symptoms such as running/stuffy nose, cough, sore throat, upset stomach, vomiting, diarrhea, fever, fatigue, headache and body aches or just doesn't feel good, please keep them home. For the health of all students, faculty and staff, please do not give them any medication and send them to school. This will just result in a call to you when the medication wears off to pick up your child. Students with a fever are to remain home for at least 24 hours after they no longer have a fever without the use of fever-reducing medication. All students who have been absent for three or more consecutive days must bring a dated note from a physician which states the reason for the absence and a return to school date. Keeping sick students at home means that they keep their viruses to themselves rather than sharing them with their classmates and teachers. Stay home even if taking antiviral medicines. If you are keeping your child home for any reason, you must notify the school no later than 8:30 AM either by calling the school office or you can simply send an email to

<u>absent@saintferdinand.org</u>. You must either call or email each day that your student is absent. I know several parents reach out to their child's teacher, which is great, but you also must contact the school office.

### **Tardiness**

There has been an increasing number of late students. As the weather gets colder and travel time takes longer, please allow enough time to arrive to school on time. Students who consistently arrive late are deprived of social interaction, morning prayer, announcements, time to organize themselves for the day and important teaching time. For example, students who are late by just 10 minutes every day, can expect to miss a minimum of 30 hours of instructional time, in a single school year. It is the responsibility of each family to work out a system so that students arrive on time to school.

Doors open at 7:45 AM and students are expected to be in their seats by 8 AM.

### **Extended Absence/Vacations**

Vacations during school time should be avoided as students miss out on valuable in person instruction. Vacations are strongly discouraged when classes are in session. However, if the vacation is unavoidable, when the student returns, he/she will be given missed class assignments. The student will have 5 school days to make up and turn in their missed work.

### **Special Appointments**

Parents/guardians are encouraged to make doctor/dental appointments after school hours in order to prevent a disruption of the student's school day. This will be considered a partial absence. Since our schedule calls for 3:00 pm dismissal, we urge you to make dental and medical appointments after school hours or on days off. All students must be signed out at the time of early dismissal by a parent or guardian.

Your help with this, will be greatly appreciated.

Mrs. Quinones





